



Index of Spoken Word pieces in the Music for the Soul Catalog by topic/issue

Abortion Remorse

[I Wasn't Thinking](#)

A woman tries to understand how she ever could've chosen abortion.

Breast Cancer

[More Beautiful Affirmation](#)

Encouragement for breast cancer survivors.

[Only Love](#)

A poem for those who've had breast cancer surgery.

[What Cancer Cannot Do](#)

A poem to encourage those with cancer.

Caregiving

[Dancing](#)

A poem where a woman compares helping her mother in the bathroom to a dance.

[The Hardest Part](#)

A testimony about the challenges of caregiving from a distance.

[I Can't Do This Anymore](#)

A caregiver talks about the guilt and anger that can accompany caregiving.

[Love Walk](#)

Testimony from a professional caregiver.

[Metamorphosis](#)

A poem about our transformation from earth to Heaven.

My Job

A caregiver shares what the experience has taught her about God.

This Thing Called Faith

A man shares about the complexities of faith amidst the frustrations of the caregiving journey and the healing that is to be found.

What Kind of Quality of Life is This?

A testimony about having a loved one with Alzheimers disease.

Eating Disorders

All the Difference

Testimony from four young women about the role of faith in healing from an eating disorder.

Control

Testimony from five young women about how an eating disorder takes control of one's life.

Cry Up

Testimony from five young women about what it feels like to be caught up in an eating disorder.

Hard

Testimony from three young women about the challenges of giving up an eating disorder.

In This Place

A rap about healing from an eating disorder through Jesus Christ.

Isolation

A testimony about how isolating an eating disorder is.

Lies

Testimony from four young women about the lies that one believes when battling an eating disorder.

Making Peace with Imperfection

A profound testimony about finding balance.

Present

The importance of Christ's presence in the healing process from an eating disorder.

Something Not So Good

Testimony from five young women about the dangers of an eating disorder.

[You are Enough](#)

A powerful testimony about discovering the importance of who you are on the inside and what friends and family can do to help.

Hope

[New Dawn Rising](#)

A poem of hope.

[That's It](#)

A testimony about putting our trust and hope in God.

Marriage

[Affirmation for married couples](#)

Encouraging words to help guide couples toward a healthy married relationship.

[Top Ten Reasons Why Marriage is Good for You](#)

A spoken word piece on the advantages of staying married.

[Two Hundred Years of Wisdom](#)

Interviews with couples married fifty years sharing how they did it.

[Wisdom, Part 2](#)

Interviews with couples married fifty years sharing how they did it.

Mercy

[Mercies](#)

A brief comment about the steadfastness of God's mercy.

Natural Disaster

[All the Love](#)

A brief testimony about the love and support received in the wake of a natural disaster.

[Homeland](#)

A sermon excerpt about “the city that is to come.” (Hebrews 11:14-16)

[Joe and Anna](#)

A story about a couple who lost everything in a hurricane.

[Water, Water](#)

A testimony from a flood survivor.

[Who God is](#)

A testimony about where God is when disaster strikes.

[Things that Don't Belong to Us](#)

A testimony about the temporal nature of our earthly life.

Police

[Heroes Unsung Affirmation](#)

A brief spoken word affirmation for Police Officers.

[Police Officer's Prayer](#)

Police officer's pray for themselves, their families, and their job.

[Tears on the Wall](#)

A memorial tribute by fellow officers to those who have lost their lives in the line of duty.

Pornography

[Bounce](#)

A testimony about turning from pornography.

[A Difficult Confession, Part 1](#)

A woman shares the story of when her husband confessed his problem with pornography.

[A Difficult Confession, Part 2](#)

A woman shares the story of when her husband confessed his problem with pornography.

[Disgusting](#)

A man shares a realization from his struggle with pornography.

[I Tell You](#)

A scripture based reflection on God's view of sex.

[The Lies of the Eyes](#)

A poem about the dangers of pornography.

[Open Up Your Life](#)

A testimony about how telling the truth takes the power away from pornography.

[Two Different Mes](#)

A testimony from someone who found themselves living a double life.

[You Can Make It](#)

A testimony encouraging men that victory over pornography is possible.

Racism

[My Father is about Love](#)

An inspirational testimony about racism from a biracial woman.

Suicide Grief

[A Thousand Whys](#)

A poem wrestling with the questions in the wake of a suicide.

[Comfort for Those Who Grieve a Suicide](#) **(Broken into 7 separate pieces)**

Sermon excerpts offering comfort after the suicide death of a loved one.

(Hyperlink is for part 1. Use search bar to find 2 through 7)

[Dear Survivor](#)

An affirmation for those grieving a suicide death.

Twenty Third psalm

[Reading of the Twenty Third Psalm](#)

(New King James Version)

Trusting God

[That's It](#)

A testimony about putting our trust and hope in God.