



Index of Spoken Word pieces in the Music for the Soul Catalog by topic/issue

Abortion Remorse

I Wasn't Thinking

A woman tries to understand how she ever could've chosen abortion.

Breast Cancer

More Beautiful Affirmation

Encouragement for breast cancer survivors.

Only Love

A poem for those who've had breast cancer surgery.

What Cancer Cannot Do

A poem to encourage those with cancer.

Caregiving

Dancing

A poem where a woman compares helping her mother in the bathroom to a dance.

The Hardest Part

A testimony about the challenges of caregiving from a distance.

I Can't Do This Anymore

A caregiver talks about the guilt and anger that can accompany caregiving.

Love Walk

Testimony from a professional caregiver.

Metamorphosis

A poem about our transformation from earth to Heaven.

My Job

A caregiver shares what the experience has taught her about God.

This Thing Called Faith

A man shares about the complexities of faith amidst the frustrations of the caregiving journey and the healing that is to be found.

What Kind of Quality of Life is This?

A testimony about having a loved one with Alzheimers disease.

Eating Disorders

All the Difference

Testimony from four young women about the role of faith in healing from an eating disorder.

Control

Testimony from five young women about how an eating disorder takes control of one's life.

Cry Up

Testimony from five young women about what it feels like to be caught up in an eating disorder.

Hard

Testimony from three young women about the challenges of giving up an eating disorder.

In This Place

A rap about healing from an eating disorder through Jesus Christ.

Isolation

A testimony about how isolating an eating disorder is.

Lies

Testimony from four young women about the lies that one believes when battling an eating disorder.

Making Peace with Imperfection

A profound testimony about finding balance.

Present

The importance of Christ's presence in the healing process from an eating disorder.

Something Not So Good

Testimony from five young women about the dangers of an eating disorder.

You are Enough

A powerful testimony about discovering the importance of who you are on the inside and what friends and family can do to help.

Hope

New Dawn Rising

A poem of hope.

That's It

A testimony about putting our trust and hope in God.

Marriage

Affirmation for married couples

Encouraging words to help guide couples toward a healthy married relationship.

Top Ten Reasons Why Marriage is Good for You

A spoken word piece on the advantages of staying married.

Two Hundred Years of Wisdom

Interviews with couples married fifty years sharing how they did it.

Wisdom, Part 2

Interviews with couples married fifty years sharing how they did it.

Mercy

Mercies

A brief comment about the steadfastness of God's mercy.

Natural Disaster

Joe and Anna

A story about a couple who lost everything in a hurricane.

Water, Water

A testimony from a flood survivor.

Who God is

A testimony about where God is when disaster strikes.

Police

Heroes Unsung Affirmation

A brief spoken word affirmation for Police Officers.

Police Officer's Prayer

Police officer's pray for themselves, their families, and their job.

Tears on the Wall

A memorial tribute by fellow officers to those who have lost their lives in the line of duty.

Pornography

Bounce

A testimony about turning from pornography.

A Difficult Confession, Part 1

A woman shares the story of when her husband confessed his problem with pornography.

A Difficult Confession, Part 2

A woman shares the story of when her husband confessed his problem with pornography.

Disgusting

A man shares a realization from his struggle with pornography.

I Tell You

A scripture based reflection on God's view of sex.

The Lies of the Eyes

A poem about the dangers of pornography.

Open Up Yor Life

A testimony about how telling the truth takes the power away from pornography.

Two Different Mes

A testimony from someone who found themselves living a double life.

You Can Make It

A testimony encouraging men that victory over pornography is possible.

Racism

My Father is about Love

An inspirational testimony about racism from a biracial woman.

Suicide Grief

A Thousand Whys

A poem wrestling with the questions in the wake of a suicide.

Comfort for Those Who Grieve a Suicide (Broken into 7 separate pieces)

Sermon excerpts offering comfort after the suicide death of a loved one.

Dear Survivor

An affirmation for those grieving a suicide death.

Twenty Third psalm

Twenty Third Psalm - Spoken

A recitation of the Twenty - Third Psalm
(New King James Version)

Trusting God

That's It

A testimony about putting our trust and hope in God.