



Dear Therapist,

When we create songs for the Music for the Soul catalog, we always pray that they will be specific enough to serve the intended audience we have in mind - and broad enough to serve the audience God has in mind. We know that only God knows where these songs will ultimately go and who will hear them.

Allow me to share two examples, one from an individual and one from a group setting.

When we released the *More Beautiful* Project for breast cancer patients and their families the very first letter we received was from a woman who'd had throat surgery. She had a scar that bothered her and was wearing turtlenecks every day to cover it up. She lived in Lancaster, California, where the temperature averages above 80 degrees six months out of the year. "When I heard *More Beautiful*, I threw my turtlenecks away," she told us. We hadn't written a song about throat surgery. Nevertheless, the message of the song spoke to her.

Another time I was playing a conference for sexual abuse survivors. It was the end of what had been a very intense first day of meetings. I decided to play *I've Got This*, a song about having trouble sleeping. When I finished the conference leader asked the gathering of 125, "How many of you have difficulty sleeping?" Over two-thirds of the hands in the room went up. In writing a song about insomnia, I had not had the specific issue of sexual abuse in mind. Yet clearly it resonated with the majority of the survivors in the audience that night.

It's our hope that this index will quickly direct you to songs that will help you serve your clients. But please don't be limited to *only* using the songs based on the categories we've put them in. We invite you to consider your clients as you listen. You know the particulars of each client's circumstances, where they are in their healing process, and what will best serve them.

One other note. You'll not see a category for trauma on this list. Since so many of the issues we address can be traumatic I trust that you will best know when song would be beneficial to help a client process their trauma.

Finally, we want this listing to be as helpful as possible. If you feel strongly that a song should be added to another category in the index, please let us know.

God bless you as you serve those in need of healing.

Steve Siler



Index of Songs in the Music for the Soul Catalog by topic/issue
Italics indicates the song is from a full length project focused on the issue

Abortion Recovery

- Another Mother's Day* - A woman remembers how old her child would've been on Mother's Day.
Broken into Beautiful - How God can transform our brokenness.
Days Still Yet to Come, The - Sharing his story, a man begins to heal and can use his experience to help others.
Hidden Things – The loneliness of carrying the secret pain of a past mistake.
Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.
I Lay it Down - A couple sing about their regret over an abortion in their past, and decide to forgive each other.
I Wasn't There - A man takes responsibility for his actions involving a past abortion.
Listen with Love - Calling the church to a Christlike response to a person after an abortion.
Stain Upon My Heart - A plea for God to wash us clean from "unforgivable" sin.
We Forgive You - Jesus' message to those grieving an abortion in their past.
What Now? - A woman processes her anger over the bad advice she received prior to her abortion decision.
You'll Never Call Me Daddy - A man processes his grief over lost fatherhood.
Your Life Has Made a Difference - From a mother to a child lost to an abortion decision.

Addiction/Substance Abuse

- Midnight of Hope* - An aging pastor and a woman struggling with alcohol meet at just the right moment.
Next Right Thing, The - Encouraging the person who wants to overcome an addiction.
Rock Bottom Soon - A person's prayer for a loved one who is caught in addiction.
Wounded Angel - God sees us when we struggle and never gives up on us.

Adoption

- Under My Skin* – Celebrating adopted kids; encouragement for adoptive parents or those thinking of adopting.

Afraid/Fear

- Carry Me* - How God carries us through dark times.
Come In - Someone who has resisted coming to faith decides to invite the Lord into his life.
God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.
In All Things - How God is present with us and working in all situations.
I've Got This – When sleep won't come.
Set Sail - Trusting God's leading when we're facing challenges that bring on anxiety & fear.

Index of Songs in the Music for the Soul Catalog by topic/issue



Afraid/Fear - continued

Trust Jesus (Sweeter) - Trusting Jesus during a storm in one's life.

Where is the Ground - A song of lament and hope after disaster has struck one's life.

You are Not Alone - An assurance from God.

Alzheimer's/Dementia

I Miss You - For the family loving someone with Alzheimers or dementia.

You Should Hear Him Sing - A grandson sings to his grandmother with Alzheimers.

Anxious/Anxiety

Anyway – Encouragement to overcome one's fears.

Child of Mine - A love letter from God to each of us.

Come Meet Me Here - A prayer and an invitation.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

Hope Says There's a Way – Holding on to hope even in the most difficult circumstances.

Imagine God's Best – An invitation to walk fearlessly with Jesus.

In All Things - How God is present with us and working in all situations.

I've Got This - When sleep won't come.

Joy in the Mess - A reminder to seek the Lord's joy when life gets messy.

Keep Breathing - Trusting God when things seem overwhelming.

Merciful Jesus – A prayer of abiding with Christ

Not That Much Different Than You – When it comes to the things we fear, we are more alike than different.

No Wonder (We're Losing Our Minds) – A song about the things that are giving us anxiety.

Overwhelmed – A cry to Jesus by a person who's reached a breaking point.

Prayer for the Anxious – A person talks honestly to God about how they are feeling.

Right Now – A song of mindfulness and finding peace.

Set Sail - Trusting God's leading when we're facing challenges that bring on anxiety & fear.

Taking Care of Me – Caring for our body, mind, and spirit.

Tell Yourself the Truth – Eliminating negative self-talk.

Too Big for My Body - For people struggling with anxiety and depression.

Where is My Faith - For someone struggling with doubts about their faith.

Wounded Angel - God sees us when we struggle and never gives up on us.

You are Not What Happened to You – Not letting past trauma or hurtful experiences define who you are.

Betrayal

Apology, The - A song from a man to the women of the world, apologizing for a culture of objectification.

Is It Me? - A woman agonizes over whether she is the cause of her husband's pornography problem.

Soft Rain - Encouragement of Jesus' healing heart for those who've been betrayed or abandoned by a loved one.

This Should Never Have Happened to You - A man takes responsibility and apologizes for being unfaithful.

Index of Songs in the Music for the Soul Catalog by topic/issue



Betrayal - continued

Traitor - A man sings about living a double life and feeling trapped in shame.

Breast Cancer

More Beautiful - A song to the woman with breast cancer from the perspective of her husband.

Wildest Ride on Earth - A song about the experience of going through breast cancer.

Broken Heart

Binder of the Broken - A song of healing for those who are hurting.

Child of Mine - A love letter from God to each of us.

Every Single Tear - How God sees every tear we cry.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

In All Things - How God is present with us and working in all situations.

Voiceless Cry, A - God hears us even when we can't find the words.

Wounded Angel - God sees us when we struggle and never gives up on us.

You're with Me - Assurance of God's presence even in the most difficult times.

Caregiving

Dignity - A song from the care receiver's perspective.

Do You Know I Love You - A song about caregiving from long distance.

I'm Gonna Lose You - Acknowledging that the caregiving road most often leads to loss.

I Miss You - For the family loving someone with Alzheimers or dementia.

In The Middle of The Mess - Finding grace in the middle of the mess that is caregiving.

Love Will Have to Do It - Acknowledging the difficulties and challenges of caregiving.

Nothing is in Vain - God uses *everything* in our story.

Precious Lord Take My Hand - A plea for the Lord's help when caregiving is overwhelming.

Returning The Favor - An adult child recognizes the reciprocity of caregiving for a parent.

Walking Each Other Home - That's what we're doing here on earth.

We've Never Done This Dance Before - A long married couple learning the new steps of caregiving.

When I Couldn't Do it By Myself - Expressing appreciation for the help of professional caregivers.

Whole in the Sight of God - Encouraging those loving a child with a disability.

You Should Hear Him Sing - A grandson sings to his grandmother with Alzheimer's.

Christmas

It Doesn't Feel like Christmas This Year - For those who having a tough time at the holidays for any reason.

Lord sent a Child, The - A Christmas song about God's gift of the Christ child.

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Chronic Condition/Illness

Crooked Road – An honest look at reconciling one's faith in God when living with a chronic condition.
Whole in the Sight of God - Encouraging those loving a child with a disability.

Comfort

Binder of the Broken - A song of healing for those who are hurting.
Celebration Table - An invitation to think about communion in a new way.
Child of Mine - A love letter from God to each of us.
Come Meet Me Here - A prayer and an invitation.
Every Single Tear - How God sees every tear we cry.
God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.
Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.
In All Things - How God is present with us and working in all situations.
In Christ - Where can we find all the things that really matter?
I've Got This - When sleep won't come.
Keep Breathing - Trusting God when things seem overwhelming.
Listen with Love - A song calling the church to a Christlike response.
Not too Far from Here - A song about how Jesus is as near to us as the next person we meet.
Sit Awhile – Spending time with the Lord.
These Things - Philippians 4:8
Twenty Three - The beloved Psalm set to music with full orchestration.
When You Don't Know What to Say - Simply being present for someone when the pain is beyond words.
Wounded Angel - God sees us when we struggle and never gives up on us.
You are Not Alone - An assurance from God.
You're with Me - Assurance of God's presence even in the most difficult times.

Communication

Listening - An encouragement to serve others by being better listeners.
Look into My Eyes - A song about putting down our devices & seeking true intimacy.
Love as I Have Been Loved - Loving each other based on the way God has loved us.
Wrong Conversations - Being afraid to speak truthfully and/or jumping to conclusions.

Compassion

Broken to Bless - About how we can bless others when we are willing to share the broken places in our story.
God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.
Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.
Listening - An encouragement to serve others by being better listeners.
Listen with Love - A song calling the church to a Christlike response.

Index of Songs in the Music for the Soul Catalog by topic/issue



Compassion - continued

Nothing is in Vain - God uses *everything* in our story.

Not too Far from Here - A song about how Jesus is as near to us as the next person we meet.

Walking Each Other Home - That's what we're doing here on earth.

When You Don't Know What to Say - Simply being present for someone when the pain is beyond words.

Depression

Beautiful Jesus - A longing for the inner beauty modeled in Jesus' life.

Breakthrough - Encouragement and hope for those suffering the weight and despair of depression.

Child of Mine - A love letter from God to each of us.

City of Hope - Finding hope in the aftermath of a storm in one's life.

Crooked Road - An honest look at reconciling one's faith in God when living with a chronic condition.

Every Single Tear - How God is with us in our grief.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

In All Things - How God is present with us and working in all situations.

Reveal Me – It is often in the wreckage of sorrow and pain that God reveals His purpose and plan for our life.

Stain Upon My Heart - A plea for God to wash us clean from "unforgivable" sin.

Too Big for My Body - For people struggling with anxiety and depression.

Where is the Ground - A song of lament and hope after disaster has struck one's life.

Wounded Angel - God sees us when we struggle and never gives up on us.

You are Not Alone - An assurance from God.

You're with Me - Assurance of God's presence even in the most difficult times.

Despair/Lost Hope

Binder of the Broken - A song of healing for those who are hurting.

Breakthrough - Encouragement and hope for those suffering the weight and despair of depression.

Broken into Beautiful - How God can transform our brokenness.

Carry Me - How God carries us through dark times.

Child of Mine - A love letter from God to each of us.

City of Hope - A song about finding hope in the aftermath of a storm in one's life.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.

In All Things - How God is present with us and working in all situations.

In Christ - Where can we find all the things that really matter?

I Promise to Be with You Today - God's promise of His presence with us at all times and places.

Joy in the Mess - A reminder to seek the Lord's joy when life gets messy.

Twenty Three - The beloved Psalm set to music with full orchestration.

Voiceless Cry, A - God hears us even when we can't find the words.

Index of Songs in the Music for the Soul Catalog by topic/issue



Despair/Lost Hope - continued

Where is the Ground - A song of lament and hope after disaster has struck one's life.

Wounded Angel - God sees us when we struggle and never gives up on us.

You are Not Alone - An assurance from God.

You're with Me - Assurance of God's presence even in the most difficult times.

Eating disorders/Anorexia/Bulimia – Body Image/ Dismorphia

Beautiful Jesus - A longing for the inner beauty modeled in Jesus' life.

The Cost - A song about what the dangerous illusion of control can cost someone with an eating disorder.

In the Image of God - Recognizing and embracing that each of us are made in God's image.

Just the Way that I Am – A singer celebrates who God made her to be.

No One Can Love Me like You Do – Jesus wants a relationship with us.

Piece Me Together - Asking for God's help on the healing journey.

Swept Away - The difficulty of resisting the culture's dangerous, false messages about beauty.

Tell Me What You See - A plea to God from someone struggling with an eating disorder.

Time for a Breakdown - Letting go and falling into God's healing grace.

To Be Free - Longing for freedom from an eating disorder.

You Love Me - How God loves us for who we are and not how we look.

Grief/Loss

After the Crowds are Gone – Comfort for when the condolences stop coming.

Ambush, The - Grief can interrupt us when we least expect it.

As Good as Goodbye Gets – Grieving a life well lived.

Chaos of the Heart - The conflicting feelings experienced by those who lose a loved one to a suicide death.

Death Has Been Conquered - Celebrating our victory over death through Jesus Christ.

Differently - The importance of allowing everyone to grieve in their own way.

Don't Feel Much like Prayer - A song about how hard it can be to pray in the aftermath of a loss.

Drink Deep - The importance of experiencing and working through our grief.

Every Single Tear - How God is with us in our grief.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

Gone Ahead - A song for when our loved one has preceded us to Heaven.

Good - Trusting God amidst the pain of grief.

Heaven's Playground - For those who've experienced the loss of a child.

How Could You - Expressing anger at God over the suicide death of a loved one.

No! - Shock and denial at learning of loved one's passing.

No Such Thing as Normal – How everything changes after the loss of a loved one.

Today - The small moments that signal we have begun to heal.

Twenty Three - The beloved Psalm set to music with an acoustic guitar and string quartet.

When - A mother wonders when she will ever be over losing her infant child.

Index of Songs in the Music for the Soul Catalog by topic/issue



Grief/Loss - continued

When the Saints - An a cappella version of the traditional spiritual.

Why - A mother questions God after losing her child. Also, a caution against well-meaning platitudes.

Guilt

All of Me - Coming clean with God about our sin.

Broken into Beautiful - How God can transform our brokenness.

Hidden Things - Carrying the secret pain of a past mistake.

Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.

Into the Light - Climbing out of shame and into the light of forgiveness.

It's My Heart You Want to Change - Examining our own behavior when we think somebody has wronged us.

Shame Died - Jesus did not go to the cross to shame us. We can lay our shame at the foot of the cross.

Stain Upon My Heart - A plea for God to wash us clean from "unforgivable" sin.

Healing

Binder of the Broken - A song of healing for those who are hurting.

Broken into Beautiful - How God can transform our brokenness.

Broken to Bless - About how we can bless others when we are willing to share the broken places in our story.

Come In - Someone who has resisted coming to faith decides to invite the Lord into his life.

Free - Celebrating freedom from the sin and shame of the past.

In Christ - Where can we find all the things that really matter?

Into the Light - Climbing out of shame and into the light of forgiveness.

Soft Rain - Encouragement of Jesus' healing heart for those who've been betrayed or abandoned by a loved one.

Wounded Angel - God sees us when we struggle and never gives up on us.

Homeless

Days of Hope - Encouragement for those reaching out with hope to the homeless in their community.

Renee is Fourteen - A runaway winds up being trafficked on the streets.

Human/Sex trafficking

Apology, The - A song from a man to the women of the world, apologizing for a culture of objectification.

Child of God - A song to help those who've been victims of sex trafficking or caught up in the sex trade.

Renee is Fourteen - A runaway winds up being trafficked on the streets.

A Friend Hurting

Binder of the Broken - A song of healing for those who are hurting.

Broken to Bless - About how we can bless others when we are willing to share the broken places in our story.

Index of Songs in the Music for the Soul Catalog by topic/issue



A Friend Hurting -continued

Child of Mine - A love letter from God to each of us.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

In Christ - Where can we find all the things that really matter?

When You Don't Know What to Say - Simply being present for someone when the pain is beyond words.

Wounded Angel - God sees us when we struggle and never gives up on us.

You're with Me - Assurance of God's presence even in the most difficult times.

Insomnia

I've Got This - When sleep won't come.

Loneliness

Child of Mine - A love letter from God to each of us.

Come In - Someone who has resisted coming to faith decides to invite the Lord into his life.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

I Promise to Be with You Today - God's promise of His presence with us at all times and places.

Not too Far from Here - Jesus is as near to us as the next person we meet.

You are Not Alone - An assurance from God.

Marriage

Before God - Reminding couples of the promises and commitment they made on their wedding day.

Fifty Years from Now - Encouraging couples to think about the future that will be lost if they divorce.

I Don't Know You Anymore - A couple's marriage is suffering from routine and life's responsibilities.

Listening - Encouragement to serve others by being better listeners.

Look into My Eyes - A song about putting down our devices & seeking true intimacy.

Love as I Have Been Loved - Loving for each other based on the way God has loved us.

What God Has Joined Together - God's role in ordaining and sustaining marriage.

Miscarriage/Stillbirth

Before We Said Hello - For those who've experienced a pregnancy loss through miscarriage or stillbirth.

Heaven's Playground - For those who've experienced the loss of a child.

When - A mother wonders when she will ever be over losing her infant child.

Why - A mother questions God after losing her child. Also, a caution against well-meaning platitudes.

Natural Disaster

Binder of the Broken - A song of healing for those who are hurting.

City of Hope - Finding hope in the aftermath of a storm in one's life.

Not too Far from Here - Jesus is as near to us as the next person we meet.

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Natural Disaster - continued

Permanent – The world is temporal. Christ's love is everlasting.

Trust Jesus (Sweeter) - Trusting Jesus during a storm in one's life.

Where is the Ground - A song of lament and hope after disaster has struck one's life.

Pornography/Sex Addiction

All of Me - Coming clean with God about our sin.

Apology, The - A song from a man to the women of the world, apologizing for a culture of objectification.

Every Man's Battle – Encouraging men to join together to overcome temptation.

Free - Celebrating freedom from the sin and shame of the past.

I Commit My Eyes - Committing our visual life to the Lord.

Into the Light - Climbing out of shame and into the light of forgiveness.

Is It Me? - A woman agonizes over whether she is the cause of her husband's pornography problem.

Losing Ground – Fighting to not lose ground in the ongoing battle with the temptation of sexual imagery.

Never Shake His Hand - Not giving Satan an opening to destroy you.

Somebody's Daughter - A man challenges himself to not objectify women.

This Should Never Have Happened to You - A person takes responsibility and apologizes for unfaithfulness.

Traitor - A man sings about living a double life and feeling trapped in shame.

Police

Heroes Unsung - Honoring police officers for their service.

Prayer

Beatitudes - A musical treatment of the scripture.

Come Meet Me Here - A prayer and an invitation.

Don't Feel Much like Prayer - A song about how hard it can be to pray in the aftermath of a loss.

It's My Heart You Want to Change - Examining our own behavior when we think somebody has wronged us.

Not too Far from Here - Jesus is as near to us as the next person we meet.

Prayer For You - Comfort and peace for soldiers and families separated by military deployment.

Say Anything - We can say anything to God in prayer.

Twenty Three - The beloved Psalm set to music with full orchestration.

Voiceless Cry, A - God hears us even when we can't find the words.

You Answered Me - God's faithfulness in prayer.

You're with Me - Assurance of God's presence even in the most difficult times.

Purpose

Broken to Bless - About how we can bless others when we are willing to share the broken places in our story.

Listen with Love - - Calling the church to a Christlike response.

Index of Songs in the Music for the Soul Catalog by topic/issue



Purpose - continued

Midnight Of Hope - An aging pastor and a woman struggling with alcohol meet at just the right moment.
Nothing is in Vain - God uses *everything* in our story.
Reveal Me - It is often in the wreckage of sorrow and pain that God reveals His purpose and plan for our life.
Set Sail - Trusting God's leading when we're facing challenges that bring on anxiety & fear.
Walking Each Other Home - That's what we're doing here on earth.

Sadness

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.
Wounded Angel - God sees us when we struggle and never gives up on us.
It Doesn't Feel like Christmas This Year - A Christmas song for those who are having a tough time at the holidays.

Sexual Abuse/Incest

Child of Mine - A love letter from God to each of us.
Dead Hearts Don't Cry - A song about the pain of living with memories of sexual abuse.
Innocent Child - For survivors of childhood sexual abuse.
More than a Survivor - Celebrating the courage & strength of sexual abuse survivors.
No Power Over Me - A survivor's declaration of freedom, the victimization no longer defining who they are.
Renee is Fourteen - A runaway winds up being trafficked on the streets.
Shame Died - Jesus did not go to the cross to shame us. We can lay our shame at the foot of the cross.
You are Not What Happened to You – Not letting past trauma or hurtful experiences define who you are.

Sexual Assault

More than a Survivor - Celebrating the courage & strength of sexual abuse survivors.
No Power Over Me – A survivor's declaration of freedom, the victimization no longer defining who they are.
Renee is Fourteen – A runaway winds up being trafficked on the streets.
Walking without Skin - A sexual assault survivor begins to heal.
You are Not What Happened to You – Not letting past trauma or hurtful experiences define who you are.

Shame

Broken into Beautiful - How God can transform our brokenness.
Free - Celebrating freedom from the sin and shame of the past.
Hidden Things - Carrying the secret pain of a past mistake.
Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.
Into the Light - Climbing out of shame and into the light of forgiveness.
Shame Died - Jesus did not go to the cross to shame us. We can lay our shame at the foot of the cross.
Stain Upon My Heart - A plea for God to wash us clean from "unforgivable" sin.
Wounded Angel - God sees us when we struggle and never gives up on us.

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Sickle Cell Disease

Save a Child – A song about the challenges of Sickle Cell Disease and helping those who suffer.

Special Needs/Disabilities

Whole in the Sight of God - Encouraging those loving a child with a disability.

Suicide Grief

Chaos of the Heart - The conflicting feelings experienced by those who lose a loved one to a suicide death.

Every Single Tear - How God is with us in our grief.

How Could You - Expressing anger at God over the suicide death of a loved one.

Keep Breathing - Trusting God when things seem overwhelming.

Twenty Three - The beloved Psalm set to music with full orchestration.

Suicidal Ideation

Need You Now – A person thinks of ways to end their life and then pleads to God for help.

Trusting God

Binder of the Broken - A song of healing for those who are hurting.

Carry Me - How God carries us through dark times.

Celebration Table - An invitation to think about communion in a new way.

Come In - Someone who has resisted coming to faith decides to invite the Lord into his life.

God Can Use a Broken Heart - Encouragement for those struggling with a broken heart for any reason.

Hope Will Rise Again - God tells the listener there is nothing they can do to be separated from his love.

In All Things - God is present with us and working in all situations.

I Promise to Be with You Today - God's promise of His presence with us at all times and places.

I've Got This - When sleep won't come.

Joy in the Mess - A reminder to seek the Lord's joy when life gets messy.

Man of Sorrows - A song about the character of our loving Savior based upon the scripture from Isaiah 53.

Permanent – The world is temporal. Christ's love is everlasting.

Set Sail - Trusting God's leading when we're facing challenges that bring on anxiety & fear.

Trust Jesus (Sweeter) - Trusting Jesus during a storm in one's life.

Twenty Three - The beloved Psalm set to music with full orchestration.

Where is My Faith - For someone struggling with doubts about their faith.

You Answered Me - God's faithfulness in prayer.

You're with Me - Assurance of God's presence even in the most difficult times.

Index of Songs in the Music for the Soul Catalog by topic/issue



Veterans/PTSD

Anonymous Man - For veterans dealing with PTSD.

Prayer For You - Comfort and peace for soldiers and families separated by military deployment.

Weary/Tired

Binder of the Broken - A song of healing for those who are hurting.

Carry Me - How God carries us through dark times.

Precious Lord Take My Hand - A plea for the Lord's help when caregiving is overwhelming.

Sit a While - An invitation from the Lord to stop and rest.

*

Other:

She Loves to Move – Celebrating healthy childhood dance

We're All in This Together - An anthem of hope released during the global Covid pandemic. But a message that is always true.